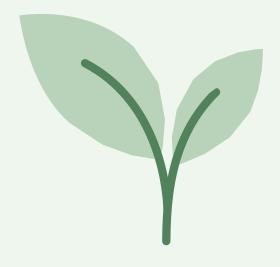
#### **EVERYONE'S SO CREATIVE!:** Reshaping Community College Mental Health + Wellness Services



Presented by: Dr. Kristen Wilson Ruby Aparicio-Pagan, LSW

## AGENDA

- $\rightarrow$  Introduction  $\rightarrow$  Reflection on AY 24-25
- → Trends in Mental Health
- $\rightarrow$  Setting the Stage for a New Vision
- Non-Clinical Case Management Model
- $\rightarrow$  Three-Prong Approach

 $\rightarrow$  Q+A

#### ew Vision gement Model

#### Objective One

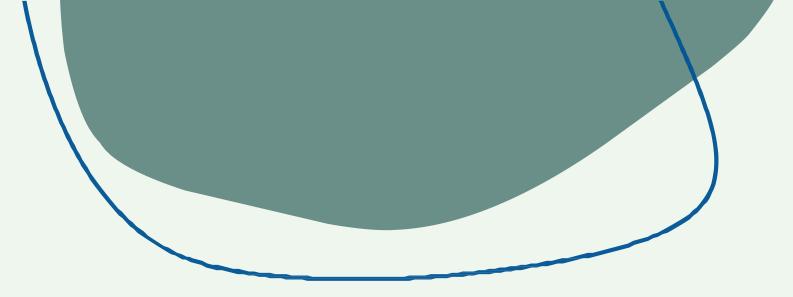
Understand the climate that informed the decision to reshape mental health and wellness services at RCSJ.

#### Objective Two

Recognize the need for traumainformed, holistic mental health support for students.

#### Objective Three

Learn about the three-prong approach utilized by RCSJ.

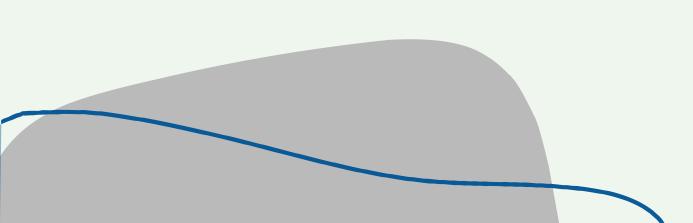


### Reflection on AY24-25



## **Trends in Mental Health**

- → Persistent prevalence of trauma
- $\rightarrow$  Poor mental health remains a concern
- $\rightarrow$  Basic needs insecurity continues to rise
- $\rightarrow$  Current events are a major contributing factor



# Setting the Stagefor a New Vision



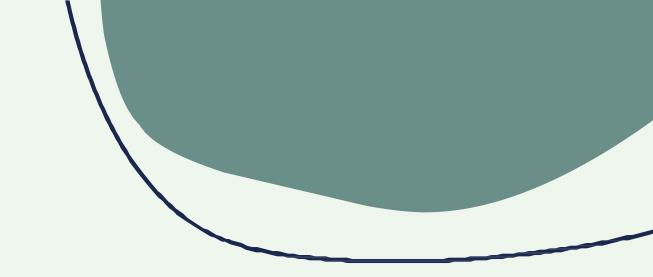
#### Non-Clinical Case Management Model

- $\rightarrow$  NeedsAssessment
- $\rightarrow$  Plan of Action
- $\rightarrow$  Referrals
- $\rightarrow$  Advocacy
- $\rightarrow$  Follow-up

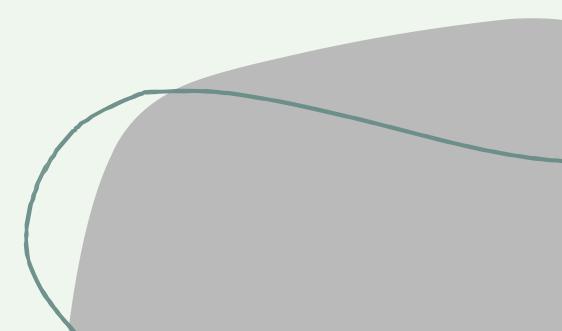
Center for Wellness & Support

Acenda Integrate d Health

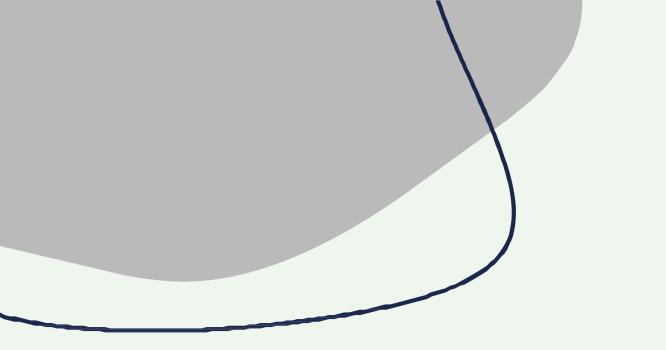
Uwill



#### Three-Prong Approach







# Why Partnership?



#### Dr. Kristen Wilson: kwilso22@rcsj.edu Ruby Aparicio-Pagan, LSW: <u>raparicio@rcsj.edu</u>

